

# WETHERBY



No Harrogate News, Lovely Tho' It Is

ISSUE 47 until Fri 14 July '23

# Free Press

Est 2021 Facts & Integrity

Quality & Style with a Smile

Read Full Issue at [www.pkmarketing1.com/wetherby-free-press](http://www.pkmarketing1.com/wetherby-free-press) Contents overleaf

## Detractors Still Trying to Stop Us

**"I will always defend the rights of anyone to express their views. That's free speech. That's the foundation of our democracy".**

The words on 12 June 2023 of Suella Braverman, current Conservative Home Secretary .

Sadly, this basic concept and human right has passed some of Wetherby's residents by, despite the town being mostly conservative in politics and attitude. This is proven by one recent event and the general lack of support from many of the town's organisations since we began (despite being the only general newsletter the town has).

The recent event was a few members of *Wetherby Grumbler* Facebook group trying to get the admin to 'cancel' the Editor. Yes, they wanted to stop ALL his posts being published, whatever they contained. This is evidence of an ongoing campaign to stop this newsletter, and to stop all mention of it on other forums. Cont'd on page 8



Private Eye's Depiction of Home Sec

## Foodbank 'Seeing Huge Rise in Need'

**They say they are 'running VERY low on stock yet are seeing a HUGE rise in need.'** They add that 'there are many reasons why people might be struggling to afford food at the moment. If this is you, please get in touch!'

All foodbank users can chat to their weekly *Money Buddies* expert and a debt counsellor every other week.

There are 5 ways to contact the foodbank. a) Visit Barleyfields, see right. b) Ring the helpline on 08082 082138 Mon to Fri: 9 - 5. c) Visit the One Stop at the library d) Phone direct on 07840 455725 e) Talk to a referral agent - see list on website at [wetherbyanddistrict.foodbank.org.uk/](http://wetherbyanddistrict.foodbank.org.uk/)

\*Please note: new Saturday times from July 1st

**Barleyfields Drop-in Opening Times**

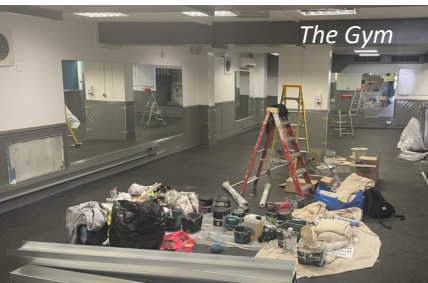
Tuesdays, Fridays & Saturdays\*  
10am - 11:30am

See overleaf

## Leisure Centre Update

Leeds City Council say "Works on the pool hall ceiling are going well and the new lighting and decoration should be finished by the end of this week. Once the ceiling works have been complete the top level of scaffolding will be removed and works will begin on decorating and improving the lighting at poolside. This should be completed about 5 July, then we will begin deep cleaning the pool ready to begin refilling. We're still on track for a Mid-July opening.

Decoration works are nearly complete in the gym and we're really happy with the new look so far. The space looks a lot brighter and welcoming. At the start of July new flooring will be laid in the old sauna and our new branding will be installed. We will also be



The Gym

decorating the rest of the centre and doing touch ups where necessary to improve the overall look." Cllr Lamb would prefer a brand new leisure centre instead of this 'sticking plaster solution'.

## Brass Band Concerts by River

Sat 1 July Tewit Youth 1.30 - 3.30

Sun 2 July Hade Edge 2.30 - 4.30

Sun 16 July Woodhouse 2.30 - 4.30

**Lucky Ducky Duck Food**

from open Every Day

& Toys open Mon - Sat

**only £1**

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**Wetherby Town Council Mtgs**

There are no minutes of the meeting of 13 Jun on their website (as at 30 June). Neither the Town Clerk nor the councillors have responded to our questions about May's meeting, including why the Annual Report 2022/23 has still not been published online despite having been printed over 6 weeks ago. No thanks for pointing out, or acknowledgement of, their error in item 26 23-24.



What did the spooky caretaker shout at Scooby & Shaggy as he jumped out of the store cupboard?

"Supplies!"

What do you call a deer with no eyes?

No eyed deer!

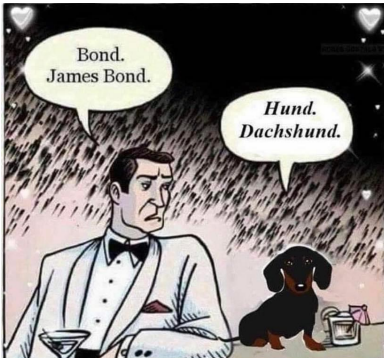
**Presidential candidate Joe Exotic says he will not pardon Trump if elected: 'He didn't pardon me so I won't pardon him'**

 Sky Palma • People • June 13, 2023



Why do milking stools only have three legs? 'Cause the cow's took the udder!

I once had a teacher with a lazy eye. She couldn't control her pupils.



It took 7 weeks, yes 7 weeks, before our so-called professional media, the 'Wetherby News', reported the large victory of the Green Party in the local City Council elections. Just the one piece of news in the same edition. The funniest thing is that people still buy it for £2 and even promote it on social media.



**Foodbank 'Need Donations Urgently'**

cont'd from front page

They say "If you're able to donate any of the items from our Wish List, we'd be very grateful. Please help if you can. Thank you for your support."



**July 2023 Foodbank Wish List**

- Sweet spreads e.g. jam, honey, choc spread
- Savoury spreads e.g. meat & fish pastes
- Puddings e.g. long-life sponge puds
- Custard - tinned, cartons or instant mix
- Pasta 'N' Sauce packets

**TOP 5 URGENT!**

- Long-life milks - all kinds
- Tinned carrots
- Mashed & tinned potatoes
- Tinned rice pudding
- Instant coffee - incl. DECAF
- Shampoo

**Thank You!**



There are 2 main charities in Wetherby that contain the word 'Wetherby' - WISE (Wetherby in Support of the Elderly, mostly publicly funded) and Wetherby Foodbank.

We have noticed that our Conservative Councillors retweet Tweets from WISE but not those

from the Foodbank.

*This could not be because they are ashamed of the fact foodbanks exist after their party has been in power for 13 years, with demand for our foodbank increasing dramatically in recent times, could it? Surely not.*

(Elmet & Rothwell Green Party do retweet Foodbank tweets)

# Artists Around Wetherby 2023

Saturday & Sunday  
1st and 2nd July  
10am-5pm




[www.artistsaroundwetherby.com](http://www.artistsaroundwetherby.com)




## Wetherby Summer Craft Market & Café

Wetherby Town Hall  
on  
Saturday 15th July  
10am-3pm  
Free Entry



### Wetherby Drovers Day

Free Family Event  
Saturday 1 July  
Town Hall 11am - 5pm  
Bandstand 4pm - 9pm




LEADS Market of 2023  
Be part of it [leeds9093.co.uk](http://leeds9093.co.uk)

## Wetherby 'The Drovers'

Wetherby 'The Drovers' Brass Band Marching Contest, Saturday 1st July from 16:00 - All new to Wetherby in 2023. Your Hosts are ready to bring a Brass Band Marching Contest to the town for the first time. From 4pm around 16 bands are signed up and ready to compete and entertain the thousands of visitors. In the style of Lancashire's famous Whit Friday Marches we will bring you closed street marching, in a Yorkshire riot of Colour and up-beat sound along the length of Wetherby High Street and then down to Wetherby Bandstand for two further 'stood' tunes.

### WETHERBY THE DROVERS



#### BRASS BAND MARCHING CONTEST

Saturday 1st July 2023. 4pm 'till dark



Boston Spa, Wetherby & Villages  
Community Green Group

#### FREE CARBON LITERACY COURSE Friday 7 July, 10 - 11am

As part of *Yorkshire Sustainability Week* (3-7 July) join Annie, a Sustainable Life Coach, and Adrian from our *Community Green Group* for an engaging, interactive and free, online Carbon Literacy taster session.

Carbon Literacy training is designed to educate individuals and businesses on the science of climate change, their impact on the environment, and practical steps they can take to reduce their carbon footprint. During this sample session, you'll also get an opportunity to ask experts your questions and discover why over 60,000 individuals have been certified as Carbon Literate.

Register for this free, online session at  
[www.yorkshiresustainabilityweek.com](http://www.yorkshiresustainabilityweek.com)

Or contact Penny at [penny.stables@bostongreengroup.co.uk](mailto:penny.stables@bostongreengroup.co.uk)

#### BOSTON SPA FESTIVAL - Sat 15 & Sun 16 July

Our stand will be outside *Costcutter* on Saturday from 10 'til 1pm - please come and see us.

We'll also be at the *Party in the Park* on Sunday from 1 'til 5pm, where we'll be running a series of children's activities, like tin can alley, bug hunt, leaf bingo, colouring and a tombola. Great fun - we look forward to seeing you there!

If you are able to lend us a hand running some of these activities on our stand for an hour on Sunday between 11am and 5pm, it would be really appreciated. Please get in touch with Adrian at [recycle@bostongreengroup.co.uk](mailto:recycle@bostongreengroup.co.uk).



**Network of Sunday & Bank Hol Services to the Dales until 22 Oct '23**

Travel via Harrogate on 7 or Direct on 874



**£2**  
Single for any journey



Timetables & Leaflets from Town Hall & Library



**Cost of Unleaded** Correct on Thurs 29 June to nearest p  
Shell £1.50 Morrisons £1.48 3p more than 3 weeks ago  
Sainsbury's Harrogate £1.43  
Diff b/w Morr & H'gate to fill av tank is £2.75



**££ Single Bus Fares ££**  
**£2 until 31 Oct '23**  
on almost all buses

Beware of using the Coastliner 840/843 to go to York, Malton, Pickering, Scarborough or Whitby. These buses are popular, and will be even moreso over the school holidays. The Editor, on the right, awarded the Whitby route as the 'Most Scenic in Britain' after a nationwide survey exactly 5 years ago.



**A Great Walk by Bus - Knaresborough by the Nidd**

Why not leave the car at home and let the bus take the strain on these (hopefully continuing) hot sunny days? Take advantage of cheap fares on the quality operator in our town - Harrogate Bus Company.

Here's a suggested itinerary for a great morning or day out. Take bus number 8 to Harrogate from the bus station at 9.55 or a few minutes later on the First Avenue, Sandbeck & Ainsty Road/Aire Road estates.

Get off at the stop after St James Retail Park just before the bridge over the Nidd. Stay on this side of the river and take the track to the left. You will soon come across the fantastic Watermill café with Rachel and her friendly staff. It's coffee time and a piece of cake if you fancy it (they're highly recommended)! Sit by the river and enjoy watching the ducks and perhaps some swimmers. There's duck food at the café for only £1.

Continue by the river but take the track slightly to the left. The path follows the Nidd and you're soon back close to the river again, passing through woodland. After 1.5 miles of very pleasant walking (about 40 mins), you reach Mother Shipton's Inn. Cross the bridge to take the road on the left which soon takes you to the boats, cafes and the impressive Knaresborough railway bridge.

There's plenty to see and do in Knaresborough. Market day is Wednesday and don't forget Wetherspoons for a cheap drink. You're on the bus so no worries about drink-driving.

Bus number 8 back leaves Knaresborough bus station at 11.21, 1.21pm & 4.21pm. Hope you have a Grand Day Out!



Got a Good Walk by Bus? Email us at: **4** WetherbyFreePress@PM.me

# Wetherby Arts Festival News

**The 45th Wetherby Festival starts on Friday 29th September and runs until 8th October.** They are sure that there will be something for everyone this year with a varied menu of events.



**To whet your appetite, they already have two (yes, TWO!) BBC comedians,** popular music and dance from The Swing Commanders (returning to The Engine Shed), Wine Tasting in the ever popular Call My Wine Bluff, a Silent Film afternoon with



Laurel & Hardy and Buster Keaton with piano accompaniment, a Mountain Climbing Film to scare the pants off you, classical music, folk music, walks and talks, photography, arts and crafts, a returning floral workshop with Nicolla Florist plus a literary lunch where you can meet author Matson Taylor (The Miseducation of Evie Epworth) and award winning writer Joanne Harris OBE (Chocolat) as well as enjoying an excellent lunch at The Bridge & Spa Hotel.

**The full event schedule, together with the usual ticket-buying facility, is available at [wetherbyfestival.co.uk](http://wetherbyfestival.co.uk)** and they will be opening the Box Office at the Town Hall in September for those of you who prefer physical tickets.

# Hayley's Cycling Fundraiser- come rain or shine

In May, local guide dog owner Hayley set herself a target of cycling 10 miles a day in her garden, on a static bike, to raise life changing funds for Guide Dogs.

**On the 21 May she was only 10 miles short** of her original target of 310 miles and realised that 10 miles a day was insufficiently challenging for her. She repositioned her target milestone and on 31st May crossed her finish line at 500 miles, raising just short of £1500



for the charity, a superb achievement. **Hayley said " I would like to thank all those who donated or who sent messages of support.** Your donations will help change the life of somebody living with sight loss. I have been totally blind for 20 years now and it is challenging,

but it doesn't stop me doing the things I want to do. With the right attitude and my guide dog Winter at my side I can live an active, independent and fulfilling life."

**If you would like to support people like Hayley** by doing a similar challenge or to find out more information on how to fundraise for Guide Dogs please go to [www.guidedogs.org.uk](http://www.guidedogs.org.uk)

**Congrats Hayley, you are truly an inspiration to us all!**

## Wildlife of Wetherby

A superb shot by Mike of these skittish creatures. The attractive roe deer is native to the UK and widespread across woodland, farmland, grassland and heathland habitats. Look for its distinctive pale rump and short antlers.

It lives an average of 7 years. A male roe deer is called a 'buck' and the female is a 'doe'.



The British Deer Society charity has a website and social media accounts.

[www.bds.org.uk/](http://www.bds.org.uk/)



# Prison Officer's Conduct "Shameless" after Inappropriate Relationship

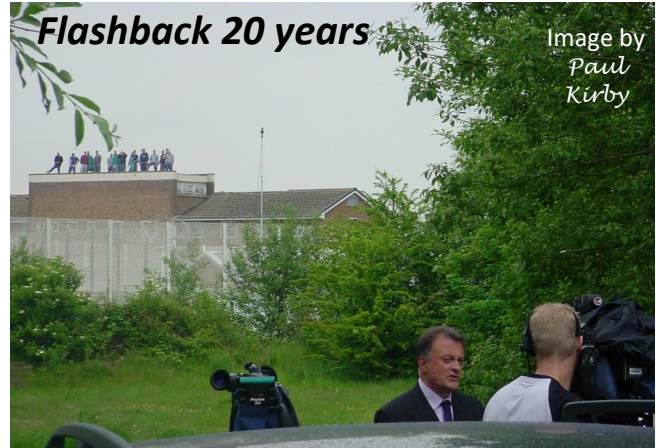
A prison officer, who also worked as an escort, has admitted misconduct in a public office following events at HMP Wealstun, Thorp Arch, a low level category prison for men at Thorp Arch.

Emma Crossley, 30, was given an 8-month jail sentence, suspended for 18 months. She was also given a six-month curfew order, 200 hours of unpaid work, and 20 rehabilitation days.

Leeds Crown Court heard that she was seen on CCTV looking hot and bothered after leaving the cell of an inmate. The prosecution said: "The inference was that they had been intimate in the cell."

Evidence of a relationship was found by monitoring the jail's phone when the pair talked about their future plans. On arrest, police found more evidence to connect them, including a Valentine's card from the prisoner. Crossley refused to admit to the relationship in interview, despite buying a phone to speak to him.

At the trial the defence said "Her life had been completely falling apart, she had split from her partner of six years. Her emotions were manipulated (by the inmate) and it was the trigger for the relationship." Judge Andrew Stubbs also heard that it was now the biggest regret of her life.



Flashback 20 years

Image by Paul Kirby

2003 Demo at Wealstun made National Headlines

**BRINGING TOP TALENT TO WETHERBY FOLK CLUB**

**WE STAND WITH UKRAINE**

**FRIDAY 28<sup>TH</sup> JULY**

OUR MISSION IS TO BRING A WIDE VARIETY OF TOP FOLK ARTISTS TO WETHERBY!

Help us raise funds to buy a rescue fire engine for the town of Volodymyr in Ukraine – see reverse for more information!  
The night will be packed with brilliant talent donating their time to entertain us.

**CARRIE WILSON**  
Carrie is an acoustic guitarist and singer/songwriter recording 2 albums casting her music aside until a chance meeting with Gordon Giltrap who changed her life. She is an outstanding vocalist with passion in each breath' Gordon Giltrap.

**RÓISÍN BÁN**  
A multi-instrumental trio playing a range of traditional Irish tunes & songs as well as some tunes from Scotland, Brittany & songs from the British Isles & beyond.

**CHRIS BRAIN**  
Chris Brain recorded 2 albums, Bound to Rise and Steady Away which embed Chris Brain within the contemporary folk scene, whilst gesturing towards the folk tradition.

**TOM BLISS**  
A beautiful voice and an accomplished playing of several instruments with accessible and engaging songs filled with humour and singable choruses.

Find us on Facebook

[www.wetherbyfolk.co.uk](http://www.wetherbyfolk.co.uk)  
[steve@wetherbyfolk.co.uk](mailto:steve@wetherbyfolk.co.uk)

7.30PM FRIDAY 28TH JULY 2023  
WETHERBY RUC, GRANGE PARK, WETHERBY, LS22 5NB

**£12.50** from ticketsource  
OR £15 ON THE DOOR

## FIRE ENGINE FOR UKRAINE

During the May and June events, not only did we have some great live music, we raised nearly £2,500 to help the innocent victims in Ukraine and collected many valuable donations including tents, sleeping bags, etc. which are now delivered.

The money raised has gone towards buying water purification tablets, generators and dryers to help after the floods from the Kakhovka dam in Kherson.

**But it doesn't stop there..**

Retired driver, Bob Frenndt, has made 8 trips to Ukraine delivering vital medical, educational aids, etc. He told us first hand stories of the catastrophic situation in a large regional town, Volodymyr which is close to the conflict zone. The local Mayor asked him to source a fire engine to rescue trapped people from apartment blocks in the event of an attack. The blocks have just one staircase and with all the local fire engines being seconded, there is no other means of escape.

**BOB'S AMBITION NOW IS TO RAISE £20,000 TO BUY A RESCUE FIRE ENGINE AND DRIVE IT OVER.**

We take the fire service for granted but just one engine could save many innocent lives in Volodymyr.

PLEASE DONATE AND HELP REACH OUR GOAL



[www.wetherby.co.uk](http://www.wetherby.co.uk)

## No Improvement in Poor Website

For the last few years we have had to put up with a simply dreadful out-of-date, user-unfriendly, incomplete and dull Town Council website. Why?

Town Hall staff have put this basic tool of providing important information to the public far down their priority list. Why?

And why have our councillors done nothing about it?

Otley Council have an attractive, user-friendly and informative website.

Our new mayor was installed in May but 5 weeks later and the website has not been updated. Another example of low standards.

Wetherby deserves better.

Send Your News, Views & Events to:



[WetherbyFreePress@PM.me](mailto:WetherbyFreePress@PM.me)

# Local Democracy Page - Our MP Alec Shelbrooke

Alec Shelbrooke has been our Conservative MP for 13 years since May 2010.

In 2019 he won 58% of our vote beating Labour by over 17,000 votes. He was a Remainer.

**UPDATE** - From Dec '19 to 21 June 2023 he has voted 640 times out of 817 (78%)

In that time he has rebelled twice against the party whip. *Source - [www.publicwhip.org.uk/](http://www.publicwhip.org.uk/)*

He refused to inform his constituents whether or not he supported Boris Johnson in the party's No-Confidence Vote.

Alec was a strong supporter of Liz Truss in the Leadership Battle.

As PM Liz Truss promoted him to an MoD Ministerial post in Sep '22, which he then quit / was sacked after 49 days, the same length of time his boss lasted in post.

**UPDATE - On 19 June 2023** Alec voted for the Privileges Committee report which stated that Boris Johnson repeatedly misled parliament ie knowingly lied about parties in Downing Street whilst the rest of us were following the rules.

*Source - [www.theyworkforyou.com/](http://www.theyworkforyou.com/)*



Very Old Photo  
Alec still uses on  
Facebook

twitter

**Alec is keeping a low profile at the moment.** We have seen no appearances on his favourite national news channels, let alone Look North or Calendar. He has managed to post NO tweets at all in the past month (29th May to 29 June). His 6 Tweets in May were not specifically about any local issues. The so-called Wetherby News has not mentioned our MP for many months now, only Harrogate's MP.

## Space for Alec to Say Anything to Constituents

(Unedited, max 400 words)

Nothing received

[alec.shelbrooke.mp@parliament.uk](mailto:alec.shelbrooke.mp@parliament.uk)

## Mike Completes Triathlon Raising £1000s for Brain Disorders

Bardsey Retiree, Mike Bosomwoth has just completed the Iron Triathlon (Ironman) for the Yorkshire Brain Appeal. It consists of a 2.4 mile swim, 112 mile cycle and a marathon to finish off (26.2 miles). He explains what has motivated a man in his 70th year to do this:

"Eight years ago I cycled into San Francisco having cycled across America and four years ago I cycled across Canada. On both of these rides I raised money for brain research. Rolling forward, one month ago I was cycling in Mallorca and two weeks ago in North Wales for pleasure. I am extremely lucky to be mentally and physically still able to ride a bike. There are many people, who because of physical or mental disability, cannot do so.

Brain disorders can rob people of both their mental and physical ability. Dementia not only does that, but it also takes away a person's memories and dignity. As a retired Clinical Scientist I know how important research is in trying to defeat brain disease."



Mike at the Golden Gate Bridge, San Francisco



**Mike finished the Triathlon in 14 hours and 44 minutes, which was well within the 17 hours cutoff.**

*This is a fantastic achievement and we congratulate Mike on his fitness, fortitude and raising so much money for the Leeds Hospitals Charity. If you would like to support Mike, scan the QR code to visit his Just Giving page at [www.justgiving.com/page/mike-bosomwoth-1677601418369](http://www.justgiving.com/page/mike-bosomwoth-1677601418369)*



# Detractors Still Trying to Stop Us

Continued from front page

These anonymous people succeeded in one post being denied to the group's 26,000 members — it was a totally innocuous post providing information about the trailers at Wetherby Racecourse, a cartoon poking fun at Trump and asking what Alex Shelbrooke's position is on the Boris Johnson vote (as there was nothing on his social media about it).

Thankfully, admin of the Grumbler group realised this was an untenable position in a free country and say future posts will be allowed.

In the past we have thanked them in these pages and in Christmas cards (see right) for the hard work and the time it takes to go through all the messages on this important forum for the community. It must be a thankless task at times.

But each post must be approved or otherwise on an individual basis. Or a detailed explanation provided with examples as to why a person deserves an outright ban. That is only right and fair.

There are important principles at stake here. We must not give in to over-sensitive people who cannot deal with criticism or bullies who simply wish to deny others free speech because they don't want people to know the truth. We wonder why these anonymous people don't engage in civilised debate on the issues, either in these pages or on social media. They are a group who prefer to spend their time shooting the messenger instead of using their energy to raise standards for the good of the whole town. Perhaps it is because we will question their general waffle which they usually cannot substantiate with facts. All our opinions are based on facts we can prove. Otherwise we would look foolish and if defamatory, we would be sued.

We repeat ad nauseum that we give EVERYONE the chance to say what they want unedited in these pages. So it is suspicious that our opponents do not write to us with their arguments.

We thank Suella for reminding us all of our innate right to freedom of expression. We hope some of her supporters who criticise us will think about what free speech is before pressurising the admin of social media groups to ban people. Think about how serious that action is - it leads to an authoritarian country, like Russia and China.

**WFP will keep going because many of our 1000s of readers tell us they forward to every issue and to what a good job we are doing.**



Our card to Grumbler Members & Admin

## TRANSPORT NEWS

### Bus Cuts in Leeds & Huddersfield

First Bus, who used to run our X98/99 service, are cutting many early morning and evening services in Leeds & Huddersfield from Mon 3 July. Bad news for passengers.

First Bus in Eastgate, Leeds



### Fares Clarified

The First Bus increase in some fares does not affect Wetherby passengers. A Daysaver costs £4.50 and can take you to Hebden Bridge, Holmfirth, Hemsworth, Heckmondwyke, Hebden Bridge & Haworth ie any bus within West Yorkshire. This ticket can be bought on the bus with cash.

It has just been announced that the £2 maximum single fare will increase to £2.50 on 31 October and stay at that price for a year until November 2024.

## Spoons Rumours continue



Residents on social media have speculated that the whole deal has fallen through. One of our readers doubts that this is true.

He has heard that the previous owner removed a wall without permission to fit more tables in and so Spoons have to reinstate it as it is listed building. If that is the case there may be litigation as to who should pay for it.

Again, our reader says this doesn't seem to hold water because litigation takes forever. He says "An internal wall even if it had to be built from 'ancient' material surely couldn't cost more than £20,000 all in, so why would you wait on the outcome? If you win, you've got your money back and if you lose, at least you have been raking the money in."

*This is all speculation and we do not know what is causing the delay. Though we are suspicious that all is not well when our contact at Spoons will make no comment.*

*All we do know is that frustration is growing for the vast majority of Wetherby folk who are looking forward to this professional company coming to town, and attracting visitors to our other pubs and businesses.*

*Let's hope the problem is resolved soon. Very soon!*

Send Your News, Views & Events to:



WetherbyFreePress@PM.me



# Wetherby Under 14 Girls Reach Cup Final

**Wetherby Athletic U14 Falcons reached the West Riding League Cup final** for the second consecutive season. Having beaten last year's winners, Whitehills, in the semi-final Wetherby came up against this year's runaway league winners Horsforth Girls in the final.

**Wetherby got off to the perfect start**, taking the lead in the first minute and were unlucky not to add to the lead as they dominated the first 20 minutes. Against the run of play Horsforth equalised and then, with their tails up, took the lead on the stroke of half time.

**The second half started in a similar fashion to the first** with Wetherby scoring in the first minute. As legs tired on both sides the game opened up and Horsforth edged into a lead. As Wetherby piled players forward in the final minutes they got caught on the break by Horsforth to leave the final score 6-3 and Horsforth completing the league and cup double.

**Wetherby manager, Gav Yardley, commented**, "To reach the final twice in consecutive seasons has been a great achievement. We pushed Horsforth all the way in a very competitive final. With a little bit of luck we could have won the cup. Hopefully 3<sup>rd</sup> time lucky next season!"

*We add our congratulations to the team for this great achievement and for representing our town so well.*



Players Awarded Cups as Finalists

## Warning for Prescription Payers

A reader has notified us of a prescription from a local GP that was much cheaper to buy off the shelf. She assumed the system, or the doctor, or perhaps the pharmacist would tell her if the item was cheaper to buy in a shop or online. A friend of hers realised she could this could be the case here and carried out some research. A tube of 30g skin cream Daktarin can be bought for £6. She was

prescribed the exact same product of 15g for £9.65. Half the amount for 50% more!

*Thank you to our reader for telling us this.*

*Sadly, in the 21st century with supercomputers and AI you cannot trust the system to flag things like this up.*

*Unfortunately it is our responsibility to make a note of exactly what your doctor prescribes and check it is not cheaper than £9.65 to buy over the counter. And if you have other prescription items, check what drugs and medicines are in the bag before you pay.*

*The ever-increasing prescription fee is particularly harsh on those workers on low income who are not eligible for benefits, especially in a cost of living crisis. Lucky residents in Scotland, Wales & N. Ireland get their medicines free. Why do only the English have to pay for being unwell?*



## Your Question Answered - What are those trailers at the Racecourse?



A reader noticed these trailers have been there a few weeks now and wondered what they were. We asked Jonjo Sanderson, Chief Executive & Clerk of Wetherby Racecourse who said "The boxes are modular houses that are being stored here as a stopgap between the factory and the end site somewhere down in the Midlands". He added they should be there until the end of July. So they are not for Wetherby's local housing developments, which some people assumed.

FF105.S0105

**NOTE:** Patients who don't have to pay must fill in parts 1 and 3. Those who pay must fill in parts 2 and 3. Penalty charges may be applied if you make a verifiable claim for free prescriptions. If you're not sure about getting free prescriptions, pay and ask for an NHS receipt FP57. You can't get one later. The FP57 tells you about getting a refund.

**Part 1** The patient doesn't have to pay because he/she:

- A  is under 16 years of age
- B  is 16, 17 or 18 and in full-time education
- C  is 65 years of age or over
- D  has a valid maternity exemption certificate
- E  has a valid medical exemption certificate
- F  has a valid prescription pre-payment certificate
- G  has a valid War Pension exemption certificate
- H  is named on a current HC2 charges certificate
- X  has a prescribed free-of-charge contraceptive
- K  gets Income Support (IS)
- M  gets Income based Jobseeker's Allowance (JSA (IB))
- S  is entitled to, or named on, a valid NHS Tax Credit Exemption Certificate
- 1  has a partner who gets Pension Credit guarantee credit (PCGC)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Declaration:** I declare that the information I have given on this form is correct and complete. I confirm proper entitlement to exemption, to enable the NHS to check I have a valid exemption and to prevent and detect fraud and inaccuracies. I consent to the disclosure of relevant information from the form to and by the Prescription Pricing Authority, the NHS Central Fund and Security Management Service, the Department for Work and Pensions and Local Authorities. *Note: Sign and fill in Part 3*

**Part 2** I have paid: £ \_\_\_\_\_ Now sign and fill in Part 3

**Part 3** One user has to sign the patient's \_\_\_\_\_ patient's representative

Sign here: \_\_\_\_\_ Date: / /

Print name: \_\_\_\_\_ Print address: \_\_\_\_\_ Postcode: \_\_\_\_\_

*\*If different to prescriber*

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### Championship 23/24 Fixture List Released

The opening game will be at home to Cardiff on Sun 6 Aug at 2.30pm. It will be live on Sky.

Boxing Day's match is at Preston North End and New Year's Day sees

Birmingham visit Elland Road.

There will be 8 Yorkshire derbies home and away to Huddersfield, Sheffield Wed, Hull City & Rotherham.



### Expect the Unexpected in Super League!

Rugby League is an unpredictable sport. One weekend proved this recently with 3 surprising results. Firstly, Leeds gave Huddersfield a damned good thrashing at Headingley, 54 - 0! Castleford near the bottom beat high-flying Warrington. And finally Hull FC beat St Helens by a large margin having been beaten by them a few days earlier in the Challenge Cup.

In the first game of the season the Editor witnessed a totally abysmal display by the Rhinos at Warrington. Since then Leeds have had a few great performances against the top teams but are still in the bottom half of the league. The Wolves were second.

This time at Warrington it was a totally different story, and Sky TV viewers would see a superb first half display from Leeds. Tries in the 5th, 10th and 15th minutes saw the Rhinos go in at half time 16 - 0 up. That meant one and a half games without conceding a point. Quite a feat.

The Wire eventually scored a try for the home fans but Myler's 70th minute effort for Leeds took it beyond their reach. A superb 22 - 6 win for the jubilant Rhinos fans who travelled to Cheshire.

	Pld	Pts	Pd
1 Catalans	16	24	+182
2 Warrington	17	22	+97
3 Wigan	16	20	+100
4 Leigh	16	20	+99
5 Salford	16	20	+50
6 St Helens	15	18	+94
7 Hull KR	16	18	+78
8 Leeds	17	16	+67
9 Hull FC	16	14	-129
10 Huddersfield	15	10	-99
11 Castleford	16	8	-208
12 Wakefield	16	2	-331

The question is now whether Leeds can do what they did last season and put on an amazing winning streak to get to the Grand Final.

Salford v Rhinos on Sun 9 July at 15.00

Rhinos v Hull KR on Fri 14 July at 20.00

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News, Funny Stuff & Improving Accountability

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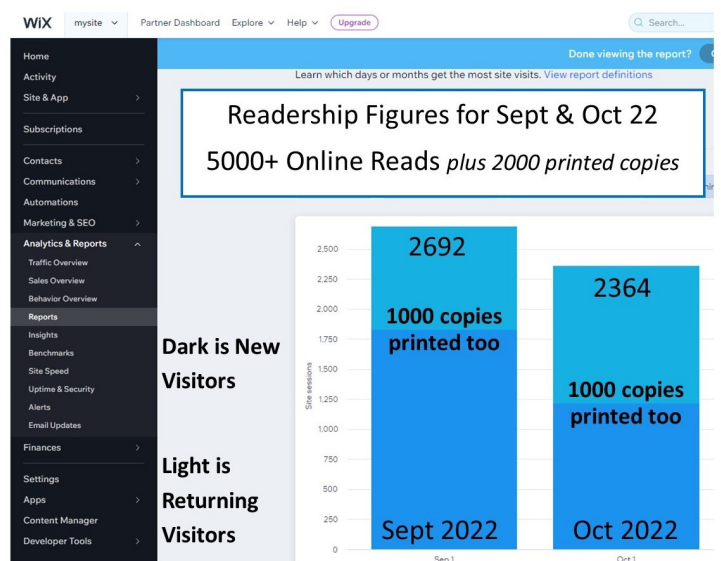
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